



# About LOROS

Easy read version

[loros.co.uk](http://loros.co.uk)

**LOROS**

Hospice Care for Leicester, Leicestershire & Rutland

*Being there for you  
and your family*

# Who we are and what we can do for you



**LOROS is a Hospice for people over the age of 18 in Leicester, Leicestershire and Rutland.**

People who have an illness or are dying can come to LOROS for help and care.



1. Hospices are smaller than hospitals and are less busy and more like home
2. Some people go to a hospice for short periods, like a day or a week for treatment of their symptoms
3. A symptom is a sign that tells you something is wrong like having a headache or feeling tired all the time

LOROS looks after people who have an illness that cannot be cured and that is not going to get better, for example:



- Some types of cancer
- Motor neurone disease which affects your muscles
- When people have bad problems with breathing, heart or tummy

LOROS nurses and doctors are specially trained to help people, their families and carers cope with:



- Illness, pain and sickness
- Sad and worried feelings

## LOROS can give other types of support such as:



**Massage** that can help you feel more relaxed and less worried



You can come to **Day Therapy** every 2 weeks for a break and to see a nurse. We try to do some fun activities too



**Occupational therapy** to help you look after yourself



**Counselling** can help you work through your feelings and emotions. The **Bereavement Support service** provides bereaved people with a safe space in the community to share their story, thoughts and feelings



**Physiotherapy** helps to keep your body moving by exercises



**Our chaplains** can help if you want to talk about sad things and God



**Outpatients clinics** where you can see a LOROS doctor



**Compassionate Neighbours Service**

A volunteer visitor can come to your home to give your family a break and spend time with you, every week for 3 hours



**Ward**  
LOROS has a ward for people who are very ill to come and stay. We try and help people with pain and also look after them when they die



**Community nurse specialists**

Nurses who visit you at home to help with symptoms or worries. They can also put you in touch with other services



**Lymphoedema**  
The lymphoedema clinic looks after people who have swelling in their body

**How can I use LOROS services**

**You need to ask your doctor or nurse to refer you.**

This leaflet is updated regularly. For the most up to date information please visit [loros.co.uk/care](http://loros.co.uk/care)

### In case of comments or complaints, please contact:

Chief Executive, or Director of Patient Services and Clinical Quality, LOROS, Groby Road, Leicester LE3 9QE

or, Care Quality Commission, East Midlands Office, Citygate, Gallowgate, Newcastle Upon Tyne NE1 4PA

### Alternative languages:

LOROS Hospice is dedicated to ensuring equality and diversity is at the core of all our activities.

If you need this information in your own language, please contact the PA to our Patient Experience Lead on 0116 231 8435

જો તમને આ માહિતીની અન્ય ભાષા અથવા સ્વરૂપમાં આવશ્યકતા હોય તો કૃપા કરી ટેલીફોન નંબર 0116 231 8435 પર Patient Experience Lead PA (પેશન્ટ એક્સ્પેરીયન્સ લીડ પીએ) નો સંપર્ક કરો

Jeżeli chcieliby Państwo otrzymać niniejsze informacje w tłumaczeniu na język obcy lub w innym formacie, prosimy skontaktować się z PA Zespołu Patient Experience pod numerem telefonu 0116 231 8435.

ਜੇਕਰ ਤੁਸੀਂ ਇਸ ਜਾਣਕਾਰੀ ਨੂੰ ਕਿਸੇ ਹੋਰ ਭਾਸ਼ਾ ਜਾਂ ਪ੍ਰਾਰੂਪ ਵਿੱਚ ਪ੍ਰਾਪਤ ਕਰਨਾ ਚਾਹੁੰਦੇ ਹੋ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਰੋਗੀ ਅਨੁਭਵ ਪ੍ਰਤੀਨਿਧੀ PA ਨਾਲ 0116 231 8435 ਟੈਲੀਫੋਨ ਨੰਬਰ ਤੇ ਸੰਪਰਕ ਕਰੋ।

Haddii aad ku dooneyso macluumaadkan luqad kale ama habeyn kale fadlan la soo xiriir Hogaan Bukaanka Waayo-aragga PA taleefoon nambarka 0116 231 8435

আপনি অন্য কোনো ভাষা বা ফরম্যাটে এই তথ্য পেতে চাইলে অনুগ্রহ করে 0116 231 8435 টেলিফোন নম্বরে প্যাসেন্ট এক্সপেরিয়েন্স লিড পিএ-তে যোগাযোগ করুন

اگر آپ کو یہ معلومات کسی اور زبان یا فارمیٹ میں درکار ہوں تو برائے مہربانی پیشنٹ ایکسپیرینس لیڈ کے PA سے اس فون نمبر پر بات کریں 0116 231 8435

**LOROS** Groby Road, Leicester LE3 9QE

☎ (0116) 231 3771

✉ [info@loros.co.uk](mailto:info@loros.co.uk)

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