

# I Experience VR

RELAXATION, CALMNESS, PEACEFULNESS

**I Experience Virtual Reality (VR)** provokes pleasant memories, relaxation and heart-warming conversations.

**Join us, and become a partner in our pioneering I Experience VR project.**



**LOROS**

Hospice Care for Leicester, Leicestershire & Rutland

**loros.co.uk/vr**

Registered Charity No: 506120

Being there for you  
and your family

# **I Experience VR has been pioneered by LOROS Hospice in Leicester. It is a library of 360 degree immersive Virtual Reality (VR) specially commissioned therapeutic films, safely stored and accessed via an App.**

By wearing a VR headset, you are not just watching a film, you are part of it.

**I Experience VR** transports you to a place and makes you feel like you're actually there, completely immersed in the experience.





“You soon relax, it’s just like you’re there. I loved it. I nearly waved at somebody as they walked past! Since being diagnosed with MND, we can get out but I can’t spend a lot of time out of the wheelchair, so being able to have these experiences through the headset is great. It’s almost as good as the real thing.”

**John Lee,**  
Motor Neurone Disease (MND) patient



## I Experience VR films

Each film has been designed specifically for people with restricted mobility. They are therapeutic in their approach and patients who have experienced the films immediately relax.

**I Experience VR** can provide relaxation, calmness and provoke heart-warming conversations. They're also a great way for healthcare professionals to engage with patients and their families in a different way.

**I Experience VR** is simple to use for all health and social care professionals, even if they have little to no experience with virtual reality.

A couple holding hands can share a joint experience and take a stroll through the park or a walk on the beach, almost feeling the wind in their hair or feeling the sand between their toes.

“Her last wish was to go to the seaside again”

Helene Morgan,  
LOROS Hospice nurse

## Our current films

- **A trip to Bradgate Park**, a wild and rugged landscape with dramatic rocky outcrops and old oak trees. The landscape offers some of the finest views across Leicestershire.
- **A trip to the beach at the spectacular Gower Peninsular in Wales.** This award-winning area was the first place in Britain to be named an Area of Outstanding Natural Beauty.
- **A visit to Chatsworth House.** Set in 35,000 acres in the Peak District, Chatsworth is a spectacular 16th century stately home to the Duke and Duchess of Devonshire. Passed down through 16 generations of the Cavendish family, it's famous for its landscape, hospitality and rich history. There is something for everyone to enjoy.
- **A tour of LOROS Hospice.** You can see first-hand what a lovely, friendly place it is – full of warmth and light. Helping to reduce any anxiety or concerns that patients may have at the prospect of visiting a hospice for the first time. Although this tour is of LOROS Hospice it really does give a great insight into hospice life in general.

“It was a very uplifting experience to visit the park with the VR headset, somewhere I love to go with my grandchildren”

Janet Cave, LOROS Hospice patient

## We also have

### Wildlife documentaries:

- Cairngorms
- Beavers and Bagpipes

### A poem experience:

- Bluebell forest

### Coming soon:

A mindfulness talk to accompany our beach film, inspired by patients and carers attending LOROS complementary therapy sessions.

## The impact of I Experience VR

A robust evaluation study is underway to gather data surrounding patient reactions. All Hospice patients who have experienced the films to date have been extremely positive.

Patients taking part have reported feeling calm and relaxed after immersing themselves in our selection of high quality 4k 360 degree films.

Patients that reported having some pain before viewing **I Experience VR** said that their pain was less noticeable, or that the **I Experience VR** distracted them to the point that they were not aware of their pain whilst immersed in the experience.

“I was not aware of the pain in my hands and wrists, I so enjoyed being back by the sea”

LOROS Hospice Ward patient

“You get so immersed in the experience you can almost feel the sun on your back and the soft sand squashing between your toes”

Mick Jones, LOROS Hospice patient





## Our partners

We have already partnered up with several organisations:

SOME OF OUR PARTNERS



Created by  
LOROS Hospice,  
**I Experience VR** is  
subscription based with  
funds put directly back  
into the production of  
more I Experience VR  
films chosen by partners,  
patients and residents.

To join the  
**I Experience VR**  
consortium  
please contact  
[info@loros.co.uk](mailto:info@loros.co.uk)  
for the attention of  
Elaine Godber  
VR Project Lead

## Interested in becoming a partner?

LOROS Hospice is seeking partners to join **I Experience VR**, making it easy to share therapeutic experiences with people restricted in their mobility, in a hospice, care home or similar environment

This approach is equally valuable in a corporate or community organisation seeking to promote relaxation and wellbeing for its staff, students or members in an accessible and innovative way.

Benefits include:

- Access to our growing library of therapeutic films
- Trusted technical support and training package
- Expert advice for purchasing required equipment
- Easy to use operating guides
- Health and safety usage guidance
- Infection prevention guidelines
- Evaluation study templates

“It’s a joy to see the reactions of patients as they experience the relaxing films”

Mary Hartfield, LOROS Hospice

# LOROS

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and your family

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